

Social Work Conference 2008

Professional Social Work:



WHAT A DIFFERENCE!

June 5–7, 2008

Pre-Conference Events June 2–4, 2008

**Hilton Deerfield Beach/Boca Raton
Deerfield Beach, Florida**

Save 10% by registering before May 5, 2008.

The 2008 Social Work Conference is a project of:





Professional Social Work: WHAT A DIFFERENCE!

SWC '08

Conference Welcome

The National Association of Social Workers, Florida Chapter (NASW-FL) and the Florida Society for Social Work Leaders in Health Care (SSWLHC) invite you to join us at Social Work Conference 2008. This year's Conference offers more than 65 workshops to enhance your professional skills and resources to meet the challenges of the future. The Conference offers networking sessions and opportunities to visit with more than 40 vendors.

The Conference theme, **Professional Social Work: WHAT A DIFFERENCE!**, embraces the obstacles our profession is facing in Florida by highlighting our skills, knowledge, ethics and experiences. Come take advantage of the learning opportunities and renewal that this event offers.

Registration instructions are found on page 18. Additional Conference information is found throughout this brochure—please read completely and carefully. Substantial savings are available for early registration and new NASW memberships.

Relax and enjoy two and half days of rejuvenation with colleagues and friends.

Jackie Nash, LCSW
NASW-FL President

Linda Kartell, LCSW, CPRP
Conference Committee Chair

Robert Goodman, MSW
SSWLHC Interim President

Conference Location



The Conference will be held at the:

Hilton Deerfield Beach/Boca Raton
100 Fairway Drive
Deerfield Beach, FL 33441

General Information: (954) 427-7700
Reservations: 1-800-624-3606 or
www.deerfieldbeach.hilton.com
Reference group code NAOSW

Room rate: \$99.00 single/double
Cut off for room rate is May 22, 2008.

Energize your senses at the Hilton Deerfield Beach/Boca Raton hotel. This hotel offers stylish accommodations, tropical outdoor pool, state-of-the-art business center, concierge amenities and a delightful array of food and beverage choices. Visit the Travel Perks Coffee Shop, located in the hotel lobby, or relax outdoors by the pool. Bobby Bahia's Caribbean Grille will tantalize your palate with a fresh approach to Caribbean cuisine.

The Hilton Deerfield Beach/Boca Raton hotel is nestled between Palm Beach County and Broward County and within two miles of the beautiful East Coast Beaches of Florida. The Hilton Deerfield Beach/Boca Raton hotel proudly stands as a unique building in Deerfield Beach, Florida.





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Continuing Education Information

CONTINUING EDUCATION HOURS:

Participants may net up to 19 contact hours under Chapter 491. Pre-Conference workshops may net up to an additional 16 contact hours. NASW-FL is an approved provider under the Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling, #BAP-321, Exp. 03/09.

OBTAINING CE CREDIT:

Participants must sign in at the beginning of each workshop and **fill out the Participant Monitoring Form provided in your on-site Conference packet.** Workshop participants must attend the entire workshop to receive credit. Partial credit will not be awarded except as noted. Certificates will be mailed 4–6 weeks after the Conference.

LICENSURE REQUIREMENTS:

It's easy to meet all your requirements for licensure or renewal at the conference! Each requirement is offered at least once, and a required workshop is offered during every workshop session.

For initial licensure: 8 hours in Florida Laws and Rules, 3 hours in HIV/AIDS, and 2 hours in Prevention of Medical Errors.

For renewal: 3 hours in Ethics and 2 hours in Prevention of Medical Errors for this renewal cycle.

If a conference program meets any of the above stated requirements, *it will be noted in italics* in the workshop description.

2008 Conference Schedule

Thursday, June 5

Friday, June 6

Saturday, June 7

	Thursday, June 5	Friday, June 6	Saturday, June 7
8:00 AM	<i>Registration Opens 8:00 AM</i>		
9:00 AM	9:00 AM–10:30 AM Keynote: James Huysman, Psy.D., LCSW, CAP (1 CE)	9:00 AM–10:00 AM 2008 Social Work Awards	9:00 AM–12:00 PM Workshop Session F (3 CEs)
10:00 AM		10:30 AM–12:00 PM Workshop Session D (1.5 CEs)	OR
11:00 AM	11:00 AM–12:30 PM Workshop Session A (1.5 CEs)		9:00 AM–3:30 PM Workshop Session F (5 CEs)
12:00 PM			OR
1:00 PM		1:30 PM–4:30 PM Workshop Session E (3 CEs)	9:00 AM–4:30 PM Workshop Session F (6 CEs)
2:00 PM	2:00 PM–5:30 PM Workshop Session B (3 CEs)		
3:00 PM			
4:00 PM			
5:00 PM		4:45 PM–6:00 PM Keynote: Rona Bartelstone, LCSW, CMC, DCSW (1 CE)	
6:00 PM	5:30 PM–7:00 PM Welcome & Networking Reception		
7:00 PM	7:00 PM–9:00 PM Workshop Session C (2 CEs)	7:00 PM–9:00 PM Social Work Creative Arts Show & Reception	
8:00 PM			
9:00 PM			



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Pre-Conference Events: June 2–4, 2008

MONDAY, JUNE 2, 2008

1:00 PM–5:30 PM (4 contact hours)

Clinical Social Work Licensure Review “Prep” Course: This workshop has been designed to achieve the following objectives:

- ◆ To identify content areas most likely to be drawn upon in the clinical exam;
- ◆ To become informed about the structure, scope, and characteristics of the clinical exam;
- ◆ To develop familiarity with effective test-taking behaviors and self-functioning under test conditions;
- ◆ To increase self-confidence with regard to knowledge and preparation for the clinical exam.

This workshop is an 8-hour course. Participants must also complete the 4-hour segment on Tuesday, June 3, 2008. Ann Sheila Cook, ACSW, LCSW & Brenda H. Schimmel, ACSW, LCSW, BCD

TUESDAY, JUNE 3, 2008

8:15 AM–12:15 PM (4 contact hours)

Clinical Social Work Licensure Review “Prep” Course (continued): *This workshop is an 8-hour course. Participants must also complete the 4-hour segment on Monday, June 2, 2008.*

8:00AM–5:00 PM (8 contact hours)

Clinical Supervision: Supervision is a key component of professional development. This 16-hour intensive, interactive workshop is for social workers and other clinicians who are interested in expanding their knowledge and practice to offer quality, comprehensive, and consistent supervision. This workshop will provide information about forming supervisory relationships, effective supervisory processes, and the legal/ethical responsibilities of supervision. It will also review of the requirements of supervision under Florida law. *This workshop fulfills the 16-hour training requirement for Qualified Supervisor under Chapter 491. Must complete both days. Kathleen C. Baker, LCSW & Karen Keroack, LCSW*

WEDNESDAY, JUNE 4, 2008

8:00 AM–5:00 PM (8 contact hours)

Clinical Supervision (Continued): *This workshop fulfills the 16-hour training requirement for Qualified Supervisor. Must complete both days.*

8:00 AM–5:00 PM (8 contact hours)

Florida Laws & Rules: This workshop will help participants to gain an understanding of the importance of the Florida Laws and Rules relevant to the practice of clinical social work, and to become familiar with the Florida Statutes that pertain to specific areas of clinical practice. The workshop will explore the distinctive issues that arise in the application and integration of the Florida Laws and Rules in clinical practice for the purpose of gaining knowledge, skills and professional competence. Finally, participants will become familiar with the ethical, legal, and regulatory issues of clinical practice. *This course is approved to meet the Laws and Rules requirement under Chapter 491. Karen Keroack, LCSW and Chris Houston, LCSW, CAAP*

9:00 AM–4:30 PM (6 contact hours)

Treating the Returning Combat Veteran (Part I): There are currently more than one million military troops who have been deployed in support of Operations Enduring Freedom and Iraqi Freedom. There are many veterans returning from the war disabled, homeless and who have multiple psychological issues that need the services of the community. The purpose of this workshop is to ensure that social workers are adequately informed and empowered to utilize their skills so that they may address the returning combat veterans' needs and provide new ways to care for them. This day's workshop focuses on PTSD and related disorders impacting the returning troops, the latest treatment & research on PTSD, suicide among returning veterans, helping families cope with deployment, the social workers' role in the community, and free services and resources available to the returning troops. *Janice Postlewaite, LCSW & Sherrill Valdes, LCSW. Part II of this workshop will be offered on Saturday, June 7, 2008.*



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Pre-Conference Events: June 2–4, 2008

9:00 AM–4:30 PM (6 contact hours)

Revitalizing Child Welfare Practice: University-Community Partnerships: This symposium is comprised of six presentations, conducted by university faculty, staff, field instructors and students involved in the Florida Statewide Title IV-E Child Welfare Education Program. The presentations will describe innovative strategies and outcomes in professional child welfare training and practice. Topic areas include: (1) retention of child welfare practitioners; (2) supervision in the field; (3) motivational strategies for student interns and practitioners; (4) narratives from the field; and (5) university-agency collaborative projects. The following universities will be represented: FAU, FIU, USF and FAMU. Dr. Michele Hawkins, Director of the FAU School of Social Work will present on the current outcomes, benefits to community-based care and future objectives of the Florida Title IV-E Child Welfare Education Program.

9:00 AM–4:30 PM (6 contact hours)

Mini-Conference for Social Workers Across the Health Care Continuum: The Society of Social Work Leaders in Health Care will be holding a mini-conference for Florida social workers from all facets of the health care continuum. This special event will include opportunities to learn, brainstorm and network on areas of mutual concern. Special sessions and speakers to be announced. For more

information or to be involved in the planning process, please contact Susan Mankita at (305) 773-1496 or susanlcsw@aol.com.

9:00 AM–6:00 PM (4 contact hours)

My Co-Therapist is a Dolphin: Island Dolphin Care, Inc. (IDC) was developed to help children with special needs and their families who are dealing with developmental and/or physical disabilities, emotional challenges and critical, chronic or terminal illness. Island Dolphin Care, Inc., was created by Ms. Deena Hoagland, LCSW, after witnessing the remarkable recovery of her son, Joe, after he began swimming with dolphins at the age of three. Since 1990, Deena has worked with many children from around the world with various educational, emotional and physical needs. **Travel to and from the Hilton Deerfield Beach/Boca Raton hotel and lunch at a local restaurant is included.**

Agenda:

- 9:00 AM: Travel by bus from the Conference hotel to Key Largo
- 11:00 AM: Lunch at local restaurant
- 12:00 PM: What is Dolphin Therapy?
- 1:30 PM: Therapy Swim Observations
- 2:45 PM: Debriefing
- 3:45 PM: Questions & Answers
- 4:00 PM: Travel back to Conference hotel
- 6:00 PM: Arrive at hotel

Attendance to this workshop is limited. The first 25 people to register will be accepted.

Fees for Pre-Conference Events: June 2–4, 2008

	Members	Non-Members	Add Conference
Licensure Review "Prep" Course	\$135	\$155	\$200
Clinical Supervision	\$200	\$225	\$175
Florida Laws & Rules	\$130	\$150	\$175
Treating the Returning Combat Veteran	\$65	\$75	N/A
Revitalizing Child Welfare Practice	\$65	\$75	N/A
Social Workers/Health Care Continuum	\$65	\$75	N/A
My Co-Therapist is a Dolphin	\$140	\$160	N/A

Note: Pre-conference events are not eligible for the new member or presenter discounts.





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Keynote Presentation: June 5, 2008 • 9:00 AM–10:30 AM

“Thriving (Not Just Surviving!) in Times of Economic Uncertainty”
James D. Huysman, Psy.D., LCSW, CAP

Clinical Social Work Consultant, Co-Founder of Leeza’s Place
2008 NASW-FL Social Worker of the Year



When the economy falls, human services can be one of the hardest hit areas. State and federal governments cut spending, certain programs are reduced or eliminated, while simultaneously need increases. With all of this going on, how do social workers keep their heads above water? How do we help our clients? This workshop will help social workers to creatively uncover hidden opportunities, and use them to the best advantage—to take whatever comes and not just survive, but thrive!

Dr. James Huysman is a master of creative opportunity, and believes that all life’s challenges—if met with innovation—can be transformed into education, empowerment, and energy. Dr. Huysman first came to public attention when he developed a compassionate aftercare program for talk-show television guests. He has appeared on shows such as Geraldo, Montel and Leeza Live. In addition, he has designed and implemented a number of new programs, including most recently as the Co-Founder and Executive Director of the Leeza Gibbons Memory Foundation.

Workshop Session A: June 5, 2008 • 11:00 AM–12:30 PM

A1 Energize the Mind: Alternative Therapies
Share and explore the uses of alternative therapies that can enhance traditional talk psychotherapy such as meditation, visualization, Rieke energy healing, art, music and movement and bodywork. These techniques can be taught to clients, as well as used by therapists, to balance and reduce stress, improve mood, motivate, focus and improve overall functioning. *Bonnie Baker, LCSW & Monica Saul*

A2 Social Work Intervention with Health Care Surrogates
Based on health care surrogates’ identification of factors influencing their life-sustaining treatment decisions, this workshop implements an evidence-based practice approach to working with patient representatives and families. Attendees will comprehend diverse decision-maker concerns, learn how to assess specific needs of patient representatives and implement

uniquely-tailored services to meet surrogate/ family needs. *Julia W. Buckley, Ph.D., ACSW, MSW*

A3 Domestic Violence: Where We Were... Where We Are
This workshop will give attendees the appreciation of the strides made in the issues surrounding domestic violence. With great sacrifice through loss of life, the power of women’s movements through time, and the strong push to enact laws to protect women, our current successes in domestic violence issues have come a long way. *Susan R. Davis, LCSW, ACSW-G*

A4 Mental Health Challenges Facing Older Adults
Challenges of implementing a wellness orientated and strengths-based approach are woven throughout this presentation. Highlighting models of mental wellness, their implications and goals will be stressed. Elders



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Workshop Session A: June 5, 2008 • 11:00 AM–12:30 PM

who seek help will be viewed as those who wish to enhance their quality of life. *Susan Fleischer, LCSW, DCSW, QCSW, ACSW, CSWM, C-ASWCM, CMC, ASW-G, CSW-G*

A5 Disaster Behavioral Health Response and Recovery Efforts

Several venues are available to social workers who desire to assist survivors and their communities heal from the psychological distress caused by a natural or human-caused disaster. Current and new disaster response opportunities, volunteer and funded positions will be described. *Julie Framingham*

A6 An Intensive Social Work Experience in Tegucigalpa, Honduras

Honduras is the second poorest country in the Western Hemisphere. This workshop will explore the presenter's social work experience in an 1,800 bed public hospital and a mountainside school/community program in Tegucigalpa. Techniques to reach children/adults of all nationalities will be discussed and demonstrated. *Caryn Sabes Hacker, MSSW, ACSW, DCSW*

A7 A Pain-Free Way to Improve Social Work Practice

Have you ever said, "If only we could just do things another way?" This workshop will teach a fun, simple model for improvement utilizing simple measurement and great ideas. If your clinical or agency practice can benefit from improvements started by next Wednesday, this workshop is for you! *Beth Koon, LCSW, DCSW*

A8 Boundaries in Creating Therapeutic Relationships

This workshop will discuss how the professional's unmet personal needs can impact clinical practice and create anxiety for the client; how to distinguish personal agendas from the needs of the client/patient/family; and how to assess for over and under-involved behaviors. *This workshop applies*

1.5 hours toward the 3-hour Ethics requirement. Abigail S. Louie, LCSW

A9 Evidence-Based Group Work

Accountability, the values and ethics of social work, and the growing research on groups require we integrate the best available evidence in our groups. The presenter will introduce a framework for advancing evidence-based group work (EBGW) and offer resources and materials to guide participants in EBGW. *Mark J. Macgowan, Ph.D., LCSW*

A10 Using Art with the Grieving Child

Children experience loss through illness/death, school tragedies, moving to a new home, etc. This workshop will provide an understanding of the child's developmental levels, and the ways in which they grieve, through combining practical experiential creative interventions. *Stefanie Raifman, MSW*

A11 So You're Considering a Doctorate—Everything You Always Wanted to Know!

Participants will understand factors to be considered when contemplating a doctorate, including the academic job market, preparation, and rewards. The presenters will discuss doctoral education in terms of funding support for doctoral education, programs of study, eligibility requirements, and degree expectations. *Dr. William Rowe; Darcy Siebert, Ph.D. & Paul H. Stuart, Ph.D.*

A12 Taming Chaos: Children with Chronic Mental Health Exceptionalities

This program targets professionals that are working with families who are caring for children with chronic, persistent mental illness, such as bipolar disorder, schizoaffective illnesses, or any other debilitating mental health issue that is causing significant impairment in the levels of the families' functioning. *Nikki Woller, LCSW, CFLE*





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Workshop Session B: June 5, 2008 • 2:00 PM–5:30 PM

B1 DIRT, SLAP, SAD CHILDREN: Memories of the Playground?

Does that title bring to mind the lethality of suicidal ideations? If not, join us as we explore suicide from the basic facts and myths, to aids in measuring lethality of suicidal ideations, to practicing with those aids in vignettes within small groups. *Myra J. Brazell, LCSW*

B2 The Accidental Addict: Substance Abuse Across the Lifecycle

The dramatic increase of prescription drug misuse in adolescents and adults across the lifecycle has become an alarming problem. The cost of prescription drug misuse costs nearly \$100 billion and results in more than 100,000 deaths per year. This workshop explores the problem of prescription drug misuse and examines solutions to the problem. *Kerry B. Dennis, ACSW, LCSW, DCSW, BCD, CAP*

B3 Navigating the Maze: Locating and Accessing Community Resources

For social workers and case managers to do their jobs effectively, they need to know how to locate and access services, especially if they are scarce. This workshop will explore where to locate services, how to use the Internet, how to prepare to contact an agency, self-advocacy skills and how to appeal negative decisions. *Robert Goodman, MSW*

B4 Boundary Violations: An Exploration of How They Can Occur

This workshop will describe the process of how a gradual erosion of the therapeutic counseling relationship can happen, and the impact this has on clients. The key features commonly found in boundary violations will be presented and participants will be asked to identify the implications for their own practice. *This workshop satisfies the 3-hour Ethics requirement. Susan W. Gray, Ph.D.*

B5 Dimensions of Supervision

This workshop will focus on styles of leadership, supervision and learning. Participants will become more familiar with their clients supervisory style through the Supervisory Styles Inventory and Kolb's Learning Style Inventory. Supervision is an important tool since it provides opportunity to help the supervisee strengthen his/her clinical skills. There will be focus on four models of supervision with an opportunity to discuss supervision styles and experiences. *Harvey Heckes, MSW, LCSW & Sheryl L. Aescht, BA, MSW Candidate*

B6 Beyond Talk Therapy: Expanding Your Practice with Action Techniques

Psychodrama has much to offer all clinicians regardless of their training and preferred treatment modalities. This workshop will demonstrate how psychodrama techniques can be easily integrated into your practice. Learning will be both didactic and experiential. Participants will learn about psychodrama structure, and will be trained in specific techniques. *Ginny Hillman, LCSW, CP, PAT*

B7 The Impact of Illness or Disability on Sexual Health

This workshop will define sexuality and sexual function as it relates specifically to persons with an illness or a disability, assist in understanding the impact disability and illness has on sexual function, identify the psychological concerns people experience and discuss a model used for providing comprehensive education and training. *Robin M. Kohn, MSW, LCSW*

B8 Managing Your Malpractice Risk as a Social Worker

The session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn and informed consent. We will define what constitutes a malpractice case and emphasize important



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Workshop Session B: June 5, 2008 • 2:00 PM–5:30 PM

recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners and brief you about your malpractice insurance, its special features and implications for your practice. *This workshop satisfies the Prevention of Medical Errors requirement. Paul A. Kurzman, Ph.D., ACSW*

B9 The Ethics of Internet-Related Social Work Practice

This presentation will look at the potential for ethical and legal practice dilemmas with a focus on issues of efficacy, privacy, confidentiality, security, competence, legitimacy and liability. NASW's Technology Standards will be examined and a framework for understanding, teaching and learning about the ethics of social work practice online will be offered. *This workshop satisfies the 3-hour Ethics requirement. Susan Mankita, MSW, LCSW*

B10 Group Work with the LGBTQ Population

Social workers who facilitate groups with individuals who are LBGTQ need to be aware of the variety of issues (e.g. coming out, discrimination and civil rights, relationships) that emerge from this population. This

workshop reviews these issues, and identifies and applies mutual aid principles to facilitate these groups. *Mitchell Rosenwald, Ph.D., LCSW, MA*

B11 Identifying and Assessing Suicidal Adults

This workshop is designed to help clinicians accurately identify and assess suicidal adults. The participants will learn the demographic and psychosocial factors which increase suicide risk, and will become familiar with rating scales which can help to objectively measure suicide potential. We will also review supportive information gathering strategies. *Elizabeth Ruegg, LCSW, BCD, CAP, CT*

B12 You Bet Your Life

Compulsive gambling often leads to financial and social ruin for individuals and families, requiring difficult lifestyle changes to overcome. Gambling addiction has been touted as the most difficult addiction to treat. The session includes a description of gambling addiction, statistics, symptoms, assessment tools, resources engagement and treatment options. *Norma Whalen, LCSW, CAP & Annette Burn, LCSW, ACSW*

Welcome Reception: June 5, 2008 • 5:30 PM–7:00 PM

Join your colleagues for a chance to connect with friends old and new while enjoying hors d'oeuvres in a relaxing atmosphere. We hope you will join us!

Workshop Session C: June 5, 2008 • 7:00 PM–9:00 PM

C1 Medical Errors Prevention for Behavioral Health Professionals

This workshop focuses on clinical social work practice and prevention of medical errors in both agency and private practice settings. The course will also discuss the purpose of a professional code of ethics. The interactive format will prove to be fun and dynamic. *This*

workshop satisfies the Prevention of Medical Errors requirement. Beth Koon, LCSW, DCSW

C2 Psychotropic Medications: Evolving Roles and Best Practices for Social Workers

Conflicts of interest in the psychiatric drug treatment and research enterprise blur



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Workshop Session C: June 5, 2008 • 7:00 PM–9:00 PM

boundaries between marketing and science, adding to the complexities of social workers' involvement with clients on medication. This workshop presents highlights of a course aimed at sharpening critical skills of child welfare professionals assessing and practicing with medicated clients. *Inge Sengelmann, MSW & David Cohen, Ph.D., LCSW*

C3 Enhancing Self Awareness Through Creativity

Although self awareness is considered a key component in the development of one's efficacy as a social worker, there is scant literature on how it is developed. This workshop will provide creative tools for self awareness enhancement that can be useful in work with clients, students, and one's own professional development. Participants will be exposed to a variety of mediums that can

be used in self awareness development, such as postcards, music, drawing, meditation, breath work and movement expression. *Nan Van Den Bergh, Ph.D., LCSW*

C4 Fulfilling Our Mission: Translating Your Compassion into Community Action

This course introduces potential disaster volunteers and members of other local agencies to the role of the Red Cross in the community's actions in preparing for, responding to and recovering from emergencies and disasters. This workshop, along with workshop F7: *Fundamentals of Disaster Mental Health*, satisfies the requirement from the American Red Cross to become a volunteer in disaster mental health. Participants who complete both of these courses will become certified with the Red Cross. *Presenter TBA*

Awards Ceremony: June 6, 2008 • 9:00 AM–10:00 AM

Join us Friday morning for breakfast, then come to be inspired by the wonderful stories of the honorees of the 2008 Social Work Awards. It's a chance to celebrate social work and to honor ourselves and our profession.

NASW-FL will present the following awards:

- ◆ **2008 Social Worker of the Year:** **James D. Huysman, Psy.D., LCSW, CAP**
Miami-Dade Unit
- ◆ **2008 Student Social Worker of the Year:** **Heather Cherry, BSSW**
Miami-Dade Unit
- ◆ **2008 Public Citizen of the Year:** **Nola Theiss, MLA, MPA**
Southwest Unit
- ◆ **2008 Elected Official of the Year:** **Robert Wesley, JD**
Central Unit
- ◆ **2008 Special Recognition Award:** **Alan Johnson, LCSW, DCSW**

SSWLHC will present awards for Social Work Leader of the Year, Public Citizen, and the Board Recognition Award for 2008. The award winners for SSWLHC are not announced prior to the ceremony.



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Workshop Session D: June 6, 2008 • 10:30 AM–12:00 PM

D1 Raising Children with Special Needs
Many parents and primary caregivers of children with special needs are faced with unexpected challenges. This presentation can enhance therapists' and case workers' understanding of the various emotions and stressors that can be experienced. The presenter will also discuss techniques and resources that can assist when working with parents/primary caregivers. *Lydia Abrams, MSW, LCSW*

D2 Defining the Sexual Abuser (A Clinical Perspective)
Sexual violations or sexual transgressions against another range from sexual harassment, exhibitionism, and pedophilia to forcible rape and sexual homicide. This workshop will provide tools to more clearly identify the sexual abuser, the victim, and the treatment process. *Michael J. Alicea, MS, MSW & Mauren Zamora, MSW*

D3 Evidence-Based Treatment Modalities and Adolescent Depression
This workshop, based on a recent study, will explore the physical and emotional developmental process and tasks of adolescents, the different evidence-based treatment modalities that work best, and will compare and contrast utilization of these modalities with literature. *Patricia Cocco, Ed.D., LCSW*

D4 Dysthymia Among Outpatient Substance Abusers
This workshop will cover the under diagnosis of dysthymia. They will present the results of an exploratory study of dysthymia among substance abusers in a treatment setting, and make treatment and research recommendations based on specific characteristics of this hard-to-treat population. *Naelys Diaz, Ph.D., MSW; Gail Horton, Ph.D., LCSW; Michael Weiner, Ph.D., CAP & John W. McIlveen, M.Ed.*

D5 The Brain/Body Connection to Bullying
Bullying and childhood aggression are universal problems affecting millions of adults and children each year. This workshop explores the effects that chronic bullying has on psychological and physical health (whether bully, target, or bystander). Studies that explore the connection to nutrition, exercise, guided imagery and meditation, and related brain hormones and chemistry will be explored. *Caryn Sabes Hacker, MSSW, ACSW, DCSW*

D6 Utilizing Social Work Leadership for Community Change
This presentation will examine selected concepts of social work leadership and their application to effecting change in underserved communities. Presenters will discuss their practice experiences in systemic change efforts in providing housing for homeless families, and reducing health disparities in medically underserved populations. *Dr. Barbara J. Haile; Demetra Stackhouse & LeAndra Padgett, MSW*

D7 Family Care Giving
With the increasing number of baby boomers becoming dependent on others and/or becoming the primary care giver of a loved one, we as social workers will be facing increased interventions. This workshop will share the fundamentals that we have already learned as well as looking into possibilities that can increase the potential of explaining our realm of practice. *Valerie Harper, MSW*

D8 Everything That You Wanted to Know About Memory Loss, but Forgot to Ask.
We are at the beginning of an epidemic in dementia, but there are many innovative approaches that strengthen memory. Learn about computerized brain training programs as well as other modalities which improve cognitive functioning and strengthen the brain. *Ninah Kessler, MSW, ACSW, LCSW*



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Workshop Session D: June 6, 2008 • 10:30 AM–12:00 PM

D9 The Indomitable Spirit: The Use of Art for Women Survivors of Domestic Violence

This workshop presents images depicted by women survivors of domestic violence as a means of healing. Other artwork consists of paintings by an artist supervisor depicting the nine stages of growth in living through, and terminating a violent relationship. *Robert Morgan, Ed.D., LCSW*

D10 Grief and Trauma Intervention (GTI) for After Violence, Death and/or Disaster

When children experience grief and trauma from violence, death and/or disaster, practice approaches to address complex challenges are needed. A grief and trauma intervention (GTI) that has undergone two studies with children in New Orleans will be presented. The theoretical underpinnings and treatment methods with case examples will be discussed. *Alison Salloum, Ph.D., LCSW*

D11 Jewish Grandparents Raising Grandchildren in South Florida

Grandparents are raising grandchildren without the middle generation present even when they have no legal obligation to do so. This qualitative study was undertaken due to the prevalence of grandparents raising their grandchildren in Florida and the lack of research on Jewish grandparents who are a part of this phenomenon. *Pamela Wiener, Ph.D.*

D12 Practical Single-Case Evaluation Designs for Practitioners

Ethical practice/accountability demand that social workers evaluate the outcome of their interventions. This presentation will review practical single-case evaluation designs for social workers. Proper application of these designs and their strengths, and weaknesses will be discussed. *Stephen E. Wong, MSW, Ph.D., BCBA*

Workshop Session E: June 6, 2008 • 1:30 PM–4:30 PM

E1 Motivating Behavior Change: Smoking Cessation

Tobacco dependence is the single greatest cause of illness and death in the U.S., and disadvantaged populations experience the highest rates of tobacco use, exacerbating health disparities. Motivational interviewing is an evidence-based treatment that has significant potential for treating tobacco dependence as well as other substance use disorders. *Andrée Aubrey, LCSW & Gareth Dutton, Ph.D.*

E2 Professional Caregivers Care Managing Our Own Families: Burden or Blessing

This workshop will explore the unique strengths and challenges that professional social workers face when caring for our own families. We will explore the multiplicity of factors determining how we cope, and the

impact on professional lives. We will examine themes including the meaning of care giving control, life stage issues and grief. *Rona S. Bartelstone, LCSW, BCD, C-ASWCM, CMC*

E3 Ethics, Beyond the Basics

This training will discuss models for ethical decision-making, characteristics that increase risk for boundary violations and discuss the supervisors' and social workers' roles in recognizing, delineating and addressing ethical dilemmas of supervisees. *This workshop satisfies the 3-hour Ethics requirement. Sheryl A. Conner, Ph.D., LCSW & Mary Freeman, LCSW*

E4 Lust, Men and Meth: Issues for Gay Sexual Recovery

This workshop examines methamphetamine's devastating impact on sexual desire,



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Workshop Session E: June 6, 2008 • 1:30 PM–4:30 PM

functioning and self concept as well as key therapeutic issues essential for chemical and sexual recovery. Social factors derived from individual and collective histories, such as the thrill of taboo, belonging, power and the construction of masculinity, are also examined. *David Fawcett, Ph.D., LCSW*

E5 Beyond Consequences: A New Understanding of Difficult Behaviors

We often underestimate the impact of trauma on a child's development. When children experience traumatic events, their internal survival mechanisms can become activated, dedicating all the body's resources to remain alert in "survival mode." A fresh perspective with loving options will be discussed and demonstrated to begin the path of deep healing. *Heather T. Forbes, LCSW*

E6 Reframing Therapy: Radically and Spiritually

This workshop introduces a paradigm shift into forgiveness and beyond the victim archetype which allows you and your client to rethink, reexperience and reframe victim situations—and "therapy" itself. This step by step approach allows forgiveness to unfold, with simple tools and resources to support the therapeutic process. *Sharon M. Kirkland, LCSW*

E7 Helping Clients Identify and Work with Their Internal Parts

"Who's in Charge?" is a model that explains how our internal parts inform our feelings and behavior. This tool is adaptable for use with many problem areas. The model assists clinicians and clients to identify at what "age" level the client is currently functioning. The goal is to integrate the internal parts. *Richard J. Loebel, LCSW, BCD, PA*

E8 Advancing Your Social Work Speaker's Potential

As social workers, we may be called upon to

present cases, provide in-services, speak at community meetings and more. This workshop is an interactive program to help social workers develop or hone the skills necessary to become effective public speakers, with a focus on bringing messages that are meaningful for our profession to a wider audience. *Susan Mankita, MSW, LCSW*

E9 The Changing Face of Homelessness: Working with Homeless Veterans

This dynamic workshop will explore and dispel many of the myths, assumptions and stereotypes of the homeless veteran population. The session will focus on understanding the issues of, and services for special populations within the homeless such as veterans of the Global War on Terror, incarcerated veterans and disabled homeless veterans. *Vianne Marchese, LCSW; Taylor Alyea, MSW & David Scoates, LCSW*

E10 Using the Emotional Freedom Technique (EFT) for Rapid Therapeutic Change

The Emotional Freedom Technique (EFT) is emerging as a viable option for rapid treatment of anxiety and trauma disorders, phobias and stress. Attendees will gain an understanding of the current theory behind EFT, instruction in using the technique, as well as participate in and/or observe live demonstrations. *Forrest A. Samnik, MSW, LCSW, EFT-ADV*

E11 We've Been Tested. Have You?

This workshop will increase the attendees' awareness of and comfort level in dealing with issues unique to people living with HIV/AIDS including how to assess for need of an HIV testing referral, addressing resistance to testing with consumers identifying at-risk behaviors, how to assist consumers to make decisions regarding whom to disclose HIV status to and addressing issues unique to serodiscordant couples. *This workshop satisfies the initial LCSW licensure*



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requirement for HIV/AIDS. Resa Sandora, LCSW & Heather Galvin, LCSW

E12 What Every Social Worker Needs to Know About Human Trafficking

Florida ranks fourth in the U.S. modern day slave trade. Victims are legal and illegal immigrants, and U.S. citizens. Most are

women and children. Social workers are key players in identifying these crime victims. This workshop provides practitioners and administrators with the knowledge required to assist and advocate for these survivors. *Nola Theiss, MLA, MPA & Nancy L. Fowler, RN, MSN*

Keynote Presentation: June 6, 2008 • 4:45 PM–6:00 PM

“New Frontiers with Older Adult Clients” Rona S. Bartelstone, LCSW, CMC, DCSW

Chief Executive Officer, Rona Bartelstone
Care Management & Home Healthcare



As the Baby Boomers age and the population of older adults rises significantly, all social workers—regardless of their area of practice—are guaranteed to come into contact with older adult populations. This workshop will provide social workers with the tools they need to work successfully with older adults, along with presenting the opportunities that arise in the wake of the population shifts occurring in Florida.

Rona Bartelstone is Chief Executive Officer of Rona Bartelstone Care Management & Home Healthcare, which is one of the most respected Geriatric Care Management agency in Florida. She is a regular presenter at national and international conferences. Rona has also been featured in many media articles about geriatric care management, including the Wall Street Journal, the New York Times, Forbes, Money, Health, Working Woman, Ladies Home Journal, the NBC Nightly News, ABC World Wide News and more.

Creative Arts Fair & Reception: June 6, 2008 • 7:00 PM–9:00 PM

The Other Side of Social Workers

Proceeds benefit NASW Political Action for Candidate Endorsement (PACE)

Social workers aren't all work and no play! This fair is an opportunity to share those talents with each other, and enjoy getting to know a different side of our colleagues.

In addition, we will raise money for a good cause, hopefully get some good candidates into office, chat with friends old and new and enjoy some refreshments. Your \$5 donation to PACE will also include a ticket for prize drawings.

Interested in sharing your talents? Accepted categories for display and sale include artwork (paintings, photography, printing, sculpture, etc.), crafts (jewelry, embroidery, pottery, etc.), creative writing (novels, poetry, short stories) and more. **Contact NASW-FL at 1-800-352-6279 to sign up.**



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Workshop Session F: June 7, 2008 • 9:00 AM–

3 hours (9:00 AM–12:00 PM)

- F1 Changing Roles in Today's Society**
Using psychodrama techniques, this workshop will involve a role analysis, identifying various roles that influence daily functioning. It will provide an opportunity to better understand current roles, help to identify role confusion and roles that need strengthening. *Harvey Heckes, MSW, LCSW*
- F2 Out of the Box: Gender Specific Chemical Dependency Treatment for Men**
This is an interactive workshop in which participants examine assumptions and societal roles in male risk and relapse factors through media use, story telling and role playing. Explore anger, intimacy, trust and relationship issues, and the efficacy of integrative and alternating therapies, including Motivational Interviewing and team building in holistic treatment. *Alan Lyme, MSW, LCSW, CAP*
- F3 It's All About Abandonment**
The participant's knowledge base will be expanded on how unresolved abandonment issues affect our sense of self to bond, trust, love and benefit from treatment. We will utilize case studies to demonstrate the development of pathology from abandonment issues and the treatment milieu needed to facilitate corrective learning experiences in clients. *J. Ray Rice, MSW, ACSW*
- F4 Reversing the Dissociative Continuum: Tools for Internal Teamwork**
This workshop provides tools and techniques to simplify and speed abuse/trauma recovery. Many variables determine the development and degree of dissociation for trauma survival, and the ability and rapidity of reversing the process. Human Needs will be explored, and Rapid Reduction Techniques, developed by William Tollefson, Ph.D., will be demonstrated. *Pat I. Richards, LCSW, CHT*

F5 Disenfranchised Grief: Expected Loss and Discounted Feelings

This workshop will look at grief reactions among vulnerable and sometimes lesser-advantaged groups of people such as elders, gay and lesbian partners, AIDS patients and their families and others who often experience inadvertent prejudice or discounting of the importance of their grief. Clinicians often believe the loss to be "expected," "deserving," or "less than" the grief of others in the dominant culture. *Jane Roberts, ACSW, Ph.D.*

5 hours (9:00 AM–3:30 PM)

F6 Making Ethical Decisions and Medical Errors Prevention

The first half of this workshop examines complex ethical dilemmas, and supports ethical decision making through the introduction of an eight step framework. The course incorporates activities and case examples to promote the application of the *NASW Code of Ethics* and other resources necessary to make sound ethical decisions. The second half focuses on clinical social work practice and prevention of medical errors in both agency and private practice settings. The interactive format of both workshops will prove to be fun and dynamic. *This workshop satisfies the 3-hour Ethics and 2-hour Prevention of Medical Errors requirement. Dawn M. Hobdy, MSW, LICSW; Andrea Murray, MSW, LICSW & Beth Koon, LCSW, DCSW*

6 hours (9:00 AM–4:30 PM)

F7 Foundations of Disaster Mental Health

The purpose of this basic level Disaster Services training is to prepare licensed mental health professionals to provide for and respond to the psychological needs of people across the continuum of disaster preparedness, response and recovery. This workshop, along with workshop C4: *Fulfilling*



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Our Mission: Translating Your Compassion into Community Action, satisfies the requirement from the American Red Cross to become a volunteer in disaster mental health. Participants who complete both of these courses will become certified with the Red Cross. *Kerry B. Dennis, ACSW, LCSW, DCSW, BCD, CAP*

F8 F8: Mindfulness: How Meditative Practices Relieve Suffering and Bring Healing

Mindfulness practices utilized in Eastern meditation and yoga have been scientifically proven to enhance our physical, mental and social wellbeing. In this workshop, social workers will discover the power of a focused mind to profoundly transform lives. *Jonathan Jordan, ACSW, LCSW, CBC*

F9 Treating the Returning Combat Veteran (Part II):

The purpose of this workshop is to ensure that social workers are adequately informed and empowered to utilize their skills so that they may address the returning combat veterans' needs and provide new ways to care for them. This day's workshop focuses on PTSD and related disorders impacting the returning troops, the latest treatment & research on PTSD, suicide among returning veterans, helping families cope with deployment, the social workers' role in the community, and free services and resources available to the returning troops. *Janice Postlewaite, LCSW & Sherrill Valdes, LCSW.*

F10 Suicidal Clients: Outpatient Management and the Baker Act

This workshop will teach specific clinical strategies to help you safely and successfully manage clients in suicidal crisis, such as developing a working alliance, determining a suitable level of care, and safety planning. We will also review the Florida Mental Health Act, including the appropriate initiation of voluntary and involuntary psychiatric hospital

admission. *Elizabeth Ruegg, LCSW, BCD, CAP, CT & Martha Lenderman, MSW*

F11 Equine Assisted Psychotherapy and Learning

Equine Assisted Psychotherapy (EAP) and Equine Assisted Learning (EAL) techniques address a variety of mental health and human development needs including behavioral issues, attention deficit disorder, substance abuse, eating disorders, abuse issues, anxiety relationship problems and communication needs. We will explain why horses are used and how they provide dynamic and honest interactions. We will cover indicators for referral or use, as well as contraindications. The second half of this workshop will include live demonstrations of both EAP and EAL at a nearby facility. This workshop is not intended to train or equip attendees to provide EAP or EAL. *Resa Sandora, LCSW & Lorisa Lewis, LMHC*

F12 What Newspaper Reports Teach Us About Sexual Abuse

In this workshop, newspaper reports of sexual abuse will highlight and inform us about the issues surrounding sexual abuse. We will examine the major responses to sexual abuse from both victims and offenders, discover how to analyze news reports to uncover these issues and the appropriate clinical responses. *Anthony M. Traynor, LCSW*

Workshop participants who wish to attend a 3-hour morning workshop may also attend one of the longer sessions extending into the afternoon for partial credit.



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2008 Workshops-At-A-Glance

Thursday, June 5, 11:00 AM–12:30 PM

- A1 Energize the Mind: Alternative Therapies
- A2 Social Work Intervention with Health Care Surrogates
- A3 Domestic Violence: Where We Were...Where We Are
- A4 Mental Health Challenges Facing Older Adults
- A5 Disaster Behavioral Health Response and Recovery Efforts
- A6 An Intensive Social Work Experience in Tegucigalpa, Honduras
- A7 A Pain-Free Way to Improve Social Work Practice
- A8 Boundaries in Creating Therapeutic Relationships
- A9 Evidence-Based Group Work
- A10 Using Art with the Grieving Child
- A11 So You're Considering A Doctorate—Everything You Always Wanted to Know!
- A12 Taming Chaos: Children with Chronic Mental Health Exceptionalities

Thursday, June 5, 2:00 PM–5:30 PM

- B1 DIRT, SLAP, SAD CHILDREN: Memories of the Playground?
- B2 The Accidental Addict: Substance Abuse Across the Lifecycle
- B3 Navigating the Maze: Locating and Accessing Community Resources
- B4 Boundary Violations: An Exploration of How They Can Occur
- B5 Dimensions of Supervision
- B6 Beyond Talk Therapy: Expanding Your Practice with Action Techniques
- B7 The Impact of Illness or Disability on Sexual Health
- B8 Managing Your Malpractice Risk as a Social Worker
- B9 The Ethics of Internet-Related Social Work Practice
- B10 Group Work with the LGBTQ Population
- B11 Identifying and Assessing Suicidal Adults
- B12 You Bet Your Life

Thursday, June 5, 7:00 PM–9:00 PM

- C1 Medical Errors Prevention for Behavioral Health Professionals
- C2 Psychotropic Medications: Evolving Roles and Best Practices for Social Workers
- C3 Enhancing Self Awareness Through Creativity
- C4 Fulfilling Our Mission: Translating Your Compassion into Community Action

Friday, June 6, 10:30 AM–12:00 PM

- D1 Raising Children with Special Needs
- D2 Defining the Sexual Abuser (A Clinical Perspective)
- D3 Evidence-Based Treatment Modalities and Adolescent Depression
- D4 Dysthymia Among Outpatient Substance Abusers
- D5 The Brain/Body Connection to Bullying

- D6 Utilizing Social Work Leadership for Community Change
- D7 Family Care Giving
- D8 Everything That You Wanted to Know About Memory Loss, but Forgot to Ask.
- D9 The Indomitable Spirit: The Use of Art for Women Survivors of Domestic Violence
- D10 Greif and Trauma Intervention (GTI) for After Violence, Death and/or Disaster
- D11 Jewish Grandparents Raising Grandchildren in South Florida
- D12 Practical Single-Case Evaluation Designs for Practitioners

Friday, June 6, 1:30 PM–4:30 PM

- E1 Motivating Behavior Change: Smoking Cessation
- E2 Professional Caregivers Care Managing Our Own Families: Burden or Blessing
- E3 Ethics, Beyond the Basics
- E4 Lust, Men and Meth: Issues for Gay Sexual Recovery
- E5 Beyond Consequences: A New Understanding of Difficult Behaviors
- E6 Reframing Therapy: Radically and Spiritually
- E7 Helping Clients Identify and Work with Their Internal Parts
- E8 Advancing Your Social Work Speaker's Potential
- E9 The Changing Face of Homelessness: Working with Homeless Veterans
- E10 Using the Emotional Freedom Technique (EFT) for Rapid Therapeutic Change
- E11 We've Been Tested. Have You?
- E12 What Every Social Worker Needs to Know About Human Trafficking

Saturday, June 7, 9:00 AM–

- F1 Changing Roles in Today's Society
- F2 Out of the Box: Gender Specific Chemical Dependency Treatment for Men
- F3 It's All About Abandonment
- F4 Reversing the Dissociative Continuum: Tools for Internal Teamwork
- F5 Disenfranchised Grief: Expected Loss and Discounted Feelings
- F6 Making Ethical Decisions and Medical Errors Prevention
- F7 Foundations of Disaster Mental Health
- F8 Mindfulness: How Meditative Practices Relieve Suffering and Bring Healing
- F9 Treating the Returning Combat Veteran
- F10 Suicidal Clients: Outpatient Management and the Baker Act
- F11 Equine Assisted Psychotherapy and Learning
- F12 What Newspaper Reports Teach Us About Sexual Abuse



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Registration Information

TO REGISTER

Use the registration form on page 19. One form per registrant. Follow directions on the form to register successfully. Full payment must accompany registration. Fees include admission, registrant packet including Conference tote bag, refreshments and exhibit hall admission.

WORKSHOP SELECTIONS

Workshop rooms will be assigned to provide sufficient space in each workshop for all pre-registered attendees. Please make your selections carefully and contact us with any changes.

ADA ACCOMMODATION

If you require ADA accommodation to facilitate Conference participation, please provide a written request at the time you submit your completed Conference registration and payment. Please register by May 5, 2008 to specify accommodation requests. Requests received after this date may not allow adequate processing time to arrange accommodation.

REGISTRATION OPTIONS

MAIL: Complete registration form, enclose payment, and mail to: NASW-FL, Conference 2008, 1931 Dellwood Drive, Tallahassee, FL 32303. Make checks payable to NASW-FL or VISA, MasterCard, or American Express accepted.

PHONE: Call 1-800-352-6279 with credit card number or authorized purchase order. VISA, MasterCard, or American Express accepted. Please have your workshop selections ready when calling.

ONLINE: Visit www.naswfl.org for online registration. Credit card payment only for this type of registration. We utilize Acteva secure online payment system. They accept VISA, MasterCard, American Express or Discover.

FAX: Fax registration form with credit card number or authorized purchase order to (850) 561-6279. VISA, MasterCard, or American Express accepted.

AT THE DOOR: Come to the Hilton Deerfield Beach/Boca Raton hotel during registration hours.

CANCELLATIONS AND REFUNDS

Cancellations must be made no later than one week prior to the Conference and must include a WRITTEN request for a refund, less a \$50 administrative fee. There will be a \$25 fee for all returned checks.

LIABILITY STATEMENT

The Conference schedule is subject to change without notice. NASW-FL is not responsible for losses experienced due to schedule changes, weather/travel restrictions, or loss or injury due to theft or negligence. Your registration implies agreement with these terms.

WORK STUDY INFORMATION

A limited number of work study scholarships are available *to members only*. Participants must volunteer for 4 hours. For an application, call 1-800-352-6279.

CONFERENCE ENJOYMENT TIPS

ATTIRE: Most participants dress in casual business attire. Dressing in layers is recommended to adjust for varying room temperatures. Weather in Deerfield Beach in June is generally hot, often rainy.

COMFORT/COURTESY: Cologne and perfumes cause respiratory reactions in many people, so please don't wear them. Please turn off ringers of cell phones and beepers during all sessions.

HOTEL ROOM BLOCK

Please make your room reservations early to ensure the specified rates. Rooms reserved after the room block has been filled or after the deadline may be subject to higher rates. Please contact NASW-FL if you need assistance—NASW-FL may be able to intervene on your behalf or suggest another convenient hotel that can accommodate your needs.

CE CREDIT

Participants must return the Participant Monitoring Form and sign in at each workshop. Certificates will not be issued and CE credit will not be given unless these requirements are followed.

Social Work Conference 2008 T-Shirts and Tote Bags

T-Shirts (S-XXXL) \$15
(Order on your conference registration form.)

Tote Bags \$5
(One FREE with conference registration!)

Order at 1-800-352-6279 or naswfl@naswfl.org.



National Association of Social Workers

Florida Chapter

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